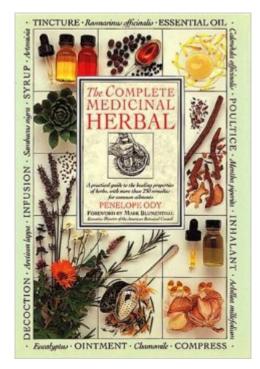
The book was found

The Complete Medicinal Herbal: A Practical Guide To The Healing Properties Of Herbs, With More Than 250 Remedies For Common Ailments





Synopsis

Elaborating on the healing powers of herbs, this guide demonstrates the best methods to extract healing properties and includes an A-to-Z portfolio of more than 120 medicinal herbs. 35,000 first printing.

Book Information

Hardcover: 192 pages Publisher: Dorling Kindersley (March 15, 1993) Language: English ISBN-10: 156458187X ISBN-13: 978-1564581877 Product Dimensions: 8 x 0.8 x 11.7 inches Shipping Weight: 2.3 pounds Average Customer Review: 4.9 out of 5 stars Â See all reviews (179 customer reviews) Best Sellers Rank: #8,829 in Books (See Top 100 in Books) #22 in Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies

Customer Reviews

This is a nice book, and a pretty book and a good place to start if you want to know more about "herbal" remedies for various maladies and ailments. Penelope Ody, the author, is an herbalist who lives and practices her craft in England. Ms Ody provides a brief overview of the history of herbal medicine -- citing males like Pliny who had the advantage of education (ability to write) and the presence of mind to write about the herbal medical practices he witnessed in his age. Herbal remedies have come from around the world and Ms Ody includes some information about Chinese, European, Greek & Roman, American Indian, and other traditional practices. It would seem the availability of plant material determined what was used in herbal healing. For example, North Ameican Indians used Joe Pye Weed while Europeans did not, simply because the plant is native to North America and did not exist in Europe until the 17th Century. However, Plantain was native to Europe, and was imported to America by the European settlers, as were a variety of other plants now considered pests."Old Wives" and other hands-on practicioners such as Shamans, medicine men, etc. actually discovered the efficacy of various plant parts -- many of them at the dawn of prehistory. This knowledge was eventually recorded, and the record keeper acquired the notarity of the discovery. My favorite example is William Withering who discovered the medicinal properties of Foxglove when family members of one of his heart patients prepared a brew from the plant and

administered it to the patient behind the doctor's back. Withering had been unable to help the fellow (can't you hear the family calling Withering a quack?).

Download to continue reading...

The Complete Medicinal Herbal: A Practical Guide to the Healing Properties of Herbs, with More Than 250 Remedies for Common Ailments Medicinal Herbs: Discover 12 Powerful Medicinal Herbs You Can Immediately Start Growing In Your Garden (Herbal Remedies, Alternative Medicine, Healing Herbs, Growing Herbs) DIY Herbal Gardening - Learn The Benefits Of Planting The Top 5 Medicinal Plants (Herbal Gardening, DIY Herbal Gardening, Medicinal Plants, Herbal Medicines, Herbal Cure) Herbs: Everything You Need To Know About Medicinal And Culinary Herbs: (Growing Herbs. Herbs For Health And Healing, Herbs For Weight Loss, Herb Gardening) Herbal Antibiotics: 25 Best Herbal Remedies Way To Heal Yourself Faster (Herbal Antibiotics, Herbal Remedies, herbal antibiotics and antivirals) Herbal Remedies: 30 Herbal Recipe Remedies From My Private Collection: Proven Herbal Recipes That Work! (Herbal Recipes Private Collection Book 1) Herbal Remedies: The Ultimate Guide to Herbal Healing, Magic, Medicine, Antivirals, Antibiotics,: herbs, Alternative Medicine, Magic, Medicine, Antivirals, ... Oils, Depression Cure, Natural Remedies,) Natural Medicine and Herbs: 50+ Natural Medicine to Reduce Anxiety, Depression, and Ailments from Your Body: (Essential Oils, Aromatherapy, Herbal Remedies, Supplements, Healing, Vitamins) Alternative Medicine Made Easy: How to Use Simple Homemade Remedies to Stay Healthy and Disease-Free (Herbal Remedies, Alternative Medicine, How to Use Herbal Remedies,) How To Dry Herbs: The Ultimate Guide To Drying Herbs At Home For Better Health And Nutrition (Preserving Herbs, Drying Food, Herbs And Spices) Prescription for Herbal Healing, 2nd Edition: An Easy-to-Use A-to-Z Reference to Hundreds of Common Disorders and Their Herbal Remedies GROWING HERBS: How to Grow Low cost Indoor and Outdoor Herbs in containers, for Profit or for health benefits at home, Simple Basic Recipes (How to grow herbs, growing herbs for beginners) Rosemary Gladstar's Medicinal Herbs: A Beginner's Guide: 33 Healing Herbs to Know, Grow, and Use Natural Remedies for Dogs : 101 Safe & Natural Essential Oils' Remedies for Your DOG: (Natural Remedies For Dogs, Essential Oils Remedies For Dogs, Natural Dog Care, Recipes For Dogs, Home Remedies) The Illustrated Encyclopedia of Natural Remedies: Over 1000 Natural Remedies for the Prevention, Treatment, and Cure of Common Ailments and Conditions Doctors' Favorite Natural Remedies: The Safest and Most Effective Natural Ways to Treat More Than 85 Everyday Ailments Herbal Hormone Handbook for Women: 41 Natural Remedies to Reset Hormones, Reduce Anxiety, Combat Fatigue and Control Weight (Herbs for Hormonal Balance, Weight Loss, Stress, Natural Healing) Holistic Herbal: A Safe and Practical Guide to Making and

Using Herbal Remedies The Herbal Apothecary: 100 Medicinal Herbs and How to Use Them The Meditation Doctor: A Practical Approach to Healing Common Ailments Through Meditation

<u>Dmca</u>